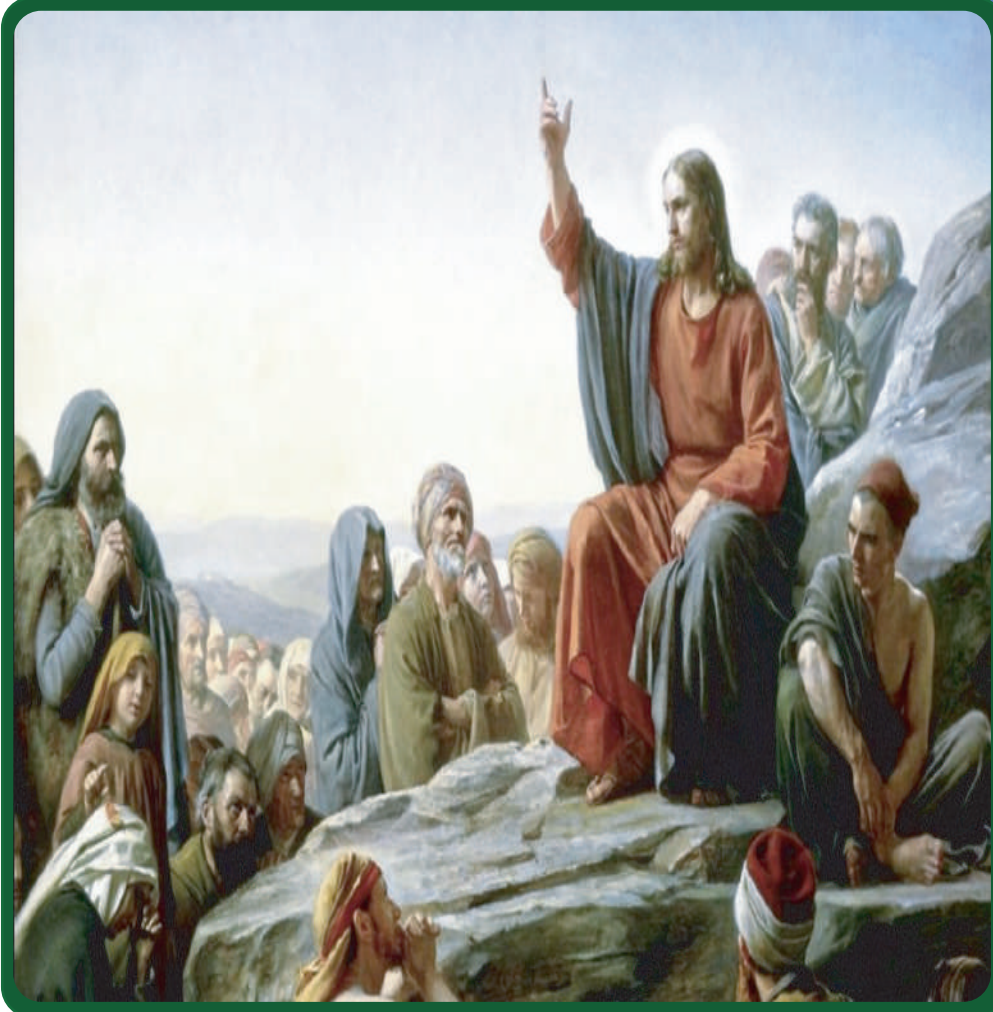




The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



PRAYER FOR THE SICK

Almighty God,
You are the only source of
health and healing.
In You, there is calm,
and the only true peace
in the universe.

Grant to each one of us Your
children an wareness of Your
presence, and give us perfect
confidence in You.

In all pain and weariness
and anxiety, taeach us to yield
ourselves to Your never-failing
care, knowing that Your love
and power surround us,
trusting in Your wisdom and
providence to give us health,
strength and peace when Your
time is best.

Through Christ our Lord. Amen.

The Nazarene, vols. 7-9, 1922



POPE FRANCIS' PRAYER INTENTION FOR FEBRUARY Parishes

We pray that parishes, placing
communion at the centre, may
increasingly become communities
of faith, fraternity and welcome
towards those most in need.



Thoughts of Fr Francis Jordan

May he preserve in you purity of heart! Become
temples of the Holy Spirit!



A warm welcome to all
our parishioners and
visitors who are
celebrating the Eucharist
with us at Pittwater Parish
Sacred Heart Church
and
Maria Regina Church

Continue to practise good
hygiene. **Please use the
hand sanitisers provided
in both of our Churches.**



You can find us on
Instagram
(pittwater_parish)

If you have used this
bulletin, please take it
home with you.

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

Weekday Masses
Tuesday 8.30am

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am

Wednesday 9.30am

Thursday 7pm

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm
Friday 9.30am
First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

Weekend Masses

Saturday Vigil 5.00pm
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

Reconciliation
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

Weekday Masses

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

Weekend Masses
Saturday Vigil 6.00pm
Sunday 9.00am

Reconciliation
Before Vigil Mass on Saturday

Baptism
3rd Sunday - 11.00am

We Pray for
Deceased Anniversary
Leonard Nizeti

Recently Deceased
Nicholas Moore
Mary Farrell

Prayers for the Sick

Anna Smigowska
Sarah Zofrea
Guy Zofrea
Avelino Samartin
Barbara Clarke
Andrew Hood
Jeff Langley
Mark Lindfiels
Nick Moullakis
Bill Eyre
Brian Gregan
Mrian Poe
Marcia Bailey
Bec Burroughs
Susan Hickey
Sophia Burfitt
Margaret De Landre
Maeve Robinson
Jenny Carroll
Matt Ukishima
Pietrina Maiorana
Mina Lee
Denise Wagner
Tom Murphy
Leonie Ariemetto
John Graham

Liturgy for the Week

13/02 **Monday, Ordinary Time 6**
Gen 4:1-15, 25; Mk 8:11-13

14/02 **Tuesday, Sts Cyril & Methodius**
Gen 6:5-8, 7:1-5, 10;
Mk 8:14-21

15/02 **Wednesday, Ordinary Time 6**
Gen 8:6-13, 20-22; Mk 8:22-26

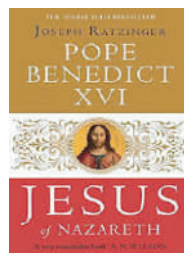
16/02 **Thursday, Ordinary Time 6**
Gen 9:1-13; Mk 8:27-33

17/02 **Friday, Ordinary Time 6**
Gen 11:1-9; Mk 8:34-9:1

18/02 **Saturday, Ordinary Time 6**
Heb 11:1-7; Mk 9:2-13

BOOK REVIEW

Jesus of Nazareth
by
Pope Benedict XVI



This fine work by Pope Benedict XVI, a.k.a. Joseph Ratzinger, is a rich, compelling portrait of the central figure of the Christian faith.

EUCCHARISTIC CELEBRATION AND RITE OF INSTALLATION

On Sunday, 19th of February 2023
at the 10 am Mass, we welcome
the Most Reverend Bishop
Anthony Randazzo
to officiate the Eucharistic
celebration and the
Rite of Installation of
Fr Richard Sadowski SDS
as the Parish Priest of
The Catholic Parish of Pittwater.
Everyone is invited for
morning tea after
the Mass at the Parish Centre.

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Parish of
Pittwater

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and follow the prompts

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through the second collection.
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fortnightly, monthly or one-off.

GIVING

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LIVESTREAMS
READINGS
NEWS



Thank you Lord,
for the blessings
You have bestowed
on our lives.
You have provided
us with more than
we could ever have
imagined.

The Story of St Bernadette and our Lady of Lourdes



February 11 is the feast day of Our Lady of Lourdes, one of the most famous apparitions of the Blessed Virgin Mary that took place in southern France. On this day in 1858 a young, poor girl named Bernadette Soubirous was out collecting firewood with her sister and another friend near a grotto when she saw a vision of a lovely lady.

In the words of St. Bernadette,

"I raised my head and looked towards the grotto. I saw a Lady dressed in white, wearing a white dress, a blue girdle and a yellow rose on each foot, the same color as the chain of her Rosary."

In the vision Our Lady was praying the rosary.

Bernadette reluctantly told her parents of the apparition, and in response they forbade her from going back to the grotto. A few days later, on February 14th, Bernadette was permitted to return to the grotto, and again the Lady appeared to her. This happened again on February 18th. On this third visit the Lady asked Bernadette to come back to the grotto every day for the next two weeks.

At these subsequent visits the Lady (who had not yet identified herself as the Blessed Virgin Mary) asked for a chapel to be built on the grounds, for Bernadette to pray for the conversion of sinners, and for her to drink the spring water that was revealed to her at the grotto.

Word of these apparitions spread rapidly and caused quite a stir in town. In response, Bernadette was detained, interrogated, and harassed by the civil authorities as if she were a common criminal. The villagers, however, came to her rescue and demanded that the child be released.

Through all these difficulties that came to

her because of the apparitions, Bernadette was given an interior strength:

"There was something in me that enabled me to rise above everything. I was tackled from all sides, but nothing mattered and I was not afraid."

Many of the townspeople believed that Mary was appearing to Bernadette, and they came down in large numbers to the grotto to pray. The spring that the Lady asked Bernadette to drink from quickly revealed itself to be blessed water with miraculous healing properties.

On March 25th, the Feast of the Annunciation, the Lady appeared at the grotto again, this time identifying herself as the Immaculate Conception.

"With her two arms hanging down, she raised her eyes and looked up at the sky, and it was then that she told me, joining her hands together now at the height of her breast, that she was the Immaculate Conception. Those were the last words she ever said to me."

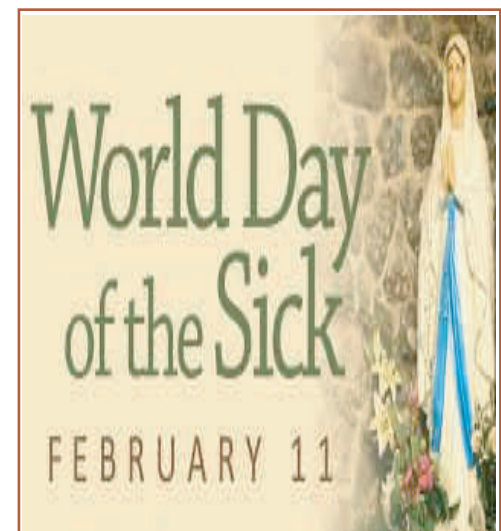
The Marian dogma of the Immaculate Conception had only recently been pronounced by Pope Pius IX a few years previous, on December 8, 1854. This infallibly defined dogma declared that the Blessed Virgin Mary, "from the first moment of her conception, by a singular grace and privilege of almighty God, and in view of the merits of Jesus Christ, Saviour of the human race, was preserved free from every stain of original sin is a doctrine revealed by God and, for this reason, must be firmly and constantly believed by all the faithful."

As for herself, Bernadette suffered much, not only through physical suffering due to her chronic poor health, but also through the jealousy and suspicion from others because she was given the grace of visits from the Blessed Mother. This proved true the words Our Lady spoke to Bernadette at the grotto, "I do not promise to make you happy in this world, but in the other."

Four years after Our Lady of Lourdes appeared to St. Bernadette, the local bishop ruled that the apparitions were authentic. St. Bernadette eventually entered a religious house where she continued to suffer physically, uniting her suffering to Christ, and died at an early age.

Today a beautiful church has been erected on the grounds near the grotto at Lourdes. After Rome and the Holy Land, Lourdes, France is the most popular place of pilgrimage for Catholic faithful. The water of Lourdes is readily available to all pilgrims, and numerous healings have been medically documented to have occurred there, as well as conversions to the faith because of these miracles. St. Bernadette's feast day is February 18th.

By: *Gretchen Filz, The Catholic Company*



Pope John Paul II had been diagnosed with Parkinson's disease as early as 1991, an illness which was only confirmed in 2001, and it is significant that he decided to create the World Day of the Sick only one year after his diagnosis. The pope had written a great deal on the topic of suffering and believed that it was very much a salvific and redeeming process through Christ, as he indicated in his apostolic letter *Salvifici Doloris*.

He chose the memorial of Our Lady of Lourdes for the date of the observance because many pilgrims and visitors to Lourdes, France, have been reported to have been healed at the Marian Sanctuary there through the intercession of the Blessed Virgin. The pope also venerated the sanctuary of Harissa in Lebanon.

In 2005, the World Day of the Sick had a special significance since the ailing pope later died on 2 April of that year. Many people had gathered in St. Peter's Square in Rome to pray for him as he lay dying. In 2013, Pope Benedict XVI announced his resignation on this day, and he gave his declining health as his reason for retiring.

Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest

Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary

Donita Kerin
Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music

Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

Media & Communication

Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacrament Coordinator

Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

CCD Catechist Coordinators

Maureen Wooldridge
Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

Parish Office Hours

Monday to Thursday
9.00 am to 4.00 pm
Friday
9.00 am to 12.00 pm

Sacred Heart Church

1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE

Sacred Heart School
Tel 8197 6900

Principal: Mr Jamie Wahab

AVALON

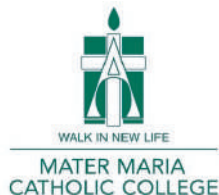
Maria Regina School
Tel 9918 2608

Principal: Miss Kirsty Thorpe

WARRIEWOOD

Mater Maria Catholic College
Tel 9997 7044

Principal: Mr Marc Reicher



Parish Bulletin- Term 1 Week 2

Join us for our Open Day on Wednesday, 8 March between 4.00pm-7.00pm. We are now enrolling students in Year 5 for Year 7, 2025. There is a waitlist for those students that are currently in Year 6.

Please visit the College website www.matermaria.nsw.edu.au/enrolments for a prospectus, Enrolment Application form or for more information. Applications for Year 7, 2024 close on Thursday 6 April 2023.

Sacramental Program Update: First Reconciliation 2023

Sacred Heart Church
Mona Vale
Wednesday
22 March 2023 at 5.00pm
OR
Maria Regina Church
Avalon
Wednesday
29 March 2023 at 5.00pm

Salvatorian Family

On Wednesday 8th of February, members of General Committee of the International Community of the Divine Saviour (ICDS), better known as Lay Salvatorians, were in Rome to receive the Statutes of their society at the Vatican from the office of the Dicastery for Laity, Family and Life. This declares them a legal identity of the Catholic Church. They will also be officially recognised by the Catholic Church as an International Private Association of the Faithful, with juridical personality in Canon Law.

For 12 years, members of the ICDS, have been working across Australia in both Sydney and Perth. The membership number has risen to 16 at present, with other people declaring an interest in being formed in the charism of the Society.

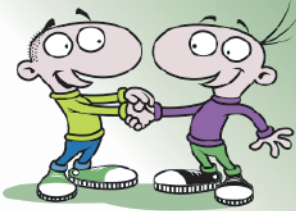
If any persons are interested in knowing more about Lay Salvatorians and would like to speak to someone from the Salvatorian Family such as their Parish Priest, please do so, and they will support you by putting you in touch with one of the members. You may also contact one of the Lay yourself by calling one of the following members who would love to hear from you.

Anne

Secretary General Committee of the ICDS
0419969907

Sammantha

Chairperson Australian Lay Salvatorian
0439412098



Be reconciled before you offer your gift to God

6th Sunday in Ordinary Time, Year A

Jesus wants us to make peace with those who we have wronged

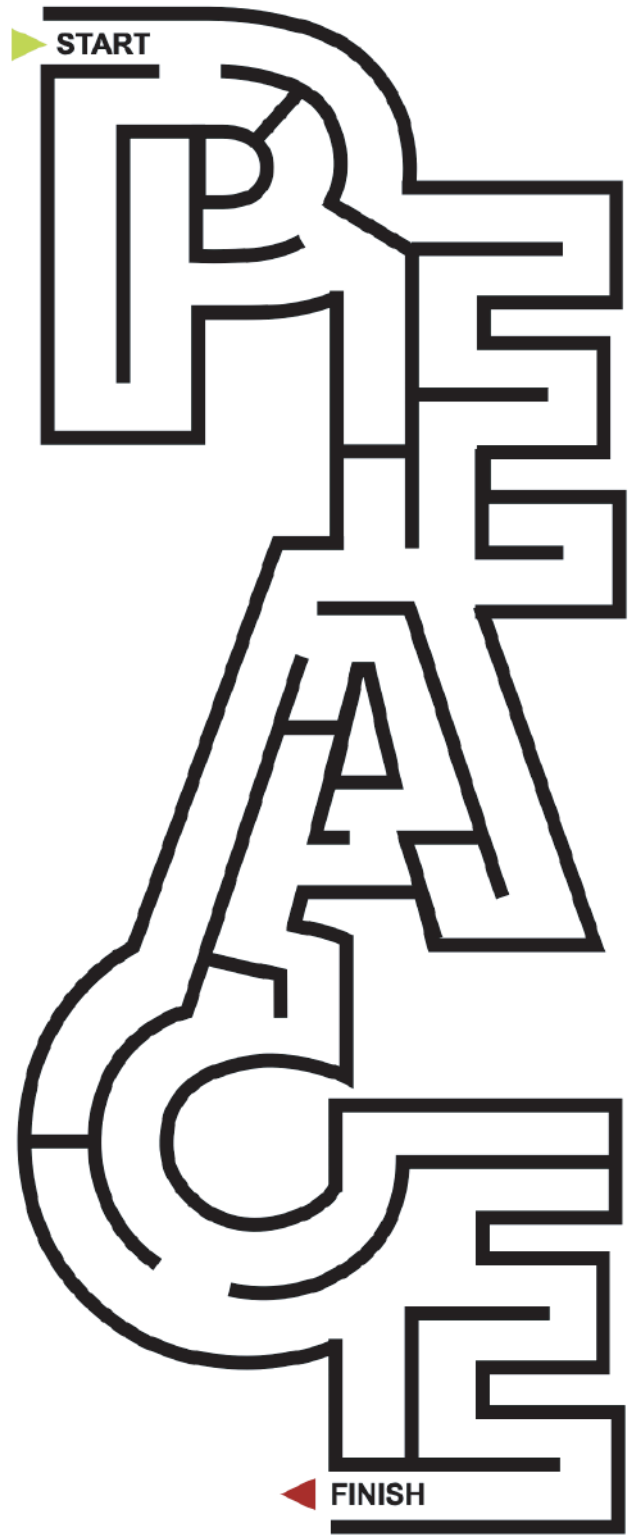
When someone does wrong things against me, I can make peace with them by....

When I do wrong things against someone, I can make peace with them by....



"When you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift."

Find your way through the maze



The *Living* Word

Entrance Antiphon Cf. Ps 30:3-4
Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your
name.

First Reading Sir 15:15-20
A reading from the book of Ecclesiasticus
He never commanded anyone to be godless.

If you wish, you can keep the commandments,
to behave faithfully is within your power.
He has set fire and water before you;
put out your hand to whichever you prefer.
Man has life and death before him;
whichever a man likes better will be given him.
For vast is the wisdom of the Lord;
he is almighty and all-seeing.
His eyes are on those who fear him,
he notes every action of man.
He never commanded anyone to be godless,
he has given no one permission to sin.

The word of the Lord

Responsorial Psalm
Ps 118:1-2, 4-5, 17-18, 33-34. R. v.1
(R.) Happy are they who follow the law of the Lord!

They are happy whose life is blameless,
who follow God's law!
They are happy those who do his will,
seeking him with all their hearts. **(R)**

You have laid down your precepts to be obeyed with care.
May my footsteps be firm to obey your statutes. **(R)**

Bless your servant and I shall live and obey your word.
Open my eyes that I may consider the wonders of your law. **(R)**

Teach me the demands of your statutes and I will keep them to the end.
Train me to observe your law,
to keep it with my heart. **(R)**

Second Reading 1 Cor 2:6-10
A reading from the first letter of St Paul to the Corinthians
God in his wisdom predestined our glory before the ages began.

We have a wisdom to offer those who have reached maturity: not a philosophy of our age, it is true, still less of the masters of our age, which are coming to their end. The hidden wisdom of God which we teach in our mysteries is the wisdom that God predestined to be for our glory before the ages began. It is a wisdom that none of the masters of this age have ever known, or they would not have crucified the Lord of Glory; we teach what scripture calls: the things that no eye has seen and no ear has heard, things beyond the mind of man, all that

God has prepared for those who love him.

These are the very things that God has revealed to us through the Spirit, for the Spirit reaches the depths of everything, even the depths of God.

The word of the Lord.

Gospel Acclamation Jn 8:12
Alleluia, alleluia!
Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the kingdom.
Alleluia!

Gospel Mt 5:17-37
A reading from the holy Gospel according to Matthew
Such was said to your ancestors; but I am speaking to you.

Jesus said to his disciples: 'Do not imagine that I have come to abolish the Law or the Prophets. I have come not to abolish them but to complete them. I tell you solemnly, till heaven and earth disappear, not one dot, one little stroke, shall disappear from the Law until its purpose is achieved. Therefore, the man who infringes even one of the least of these commandments and teaches others to do the same will be considered the least in the kingdom of heaven; but the man who keeps them and teaches them will be considered great in the kingdom of heaven.

'For I tell you, if your virtue goes no deeper than that of the scribes and Pharisees, you will never get into the kingdom of heaven.

'You have learnt how it was said to our ancestors: You must not kill; and if anyone does kill he must answer for it before the court. But I say this to you: anyone who is angry with his brother will answer for it before the court; if a man calls his brother "Fool" he will answer for it before the Sanhedrin; and if a man calls him "Renegade" he will answer for it in hell fire. So then, if you are bringing your offering to the altar and there remember that your brother has something against you, leave your offering there before the altar, go and be reconciled with your brother first, and then come back and present your offering. Come to terms with your opponent in good time while you are still on the way to the court with him, or he may hand you over to the judge and the judge to the officer, and you will be thrown into prison. I tell you solemnly, you will not get out till you have paid the last penny.

'You have learnt how it was said: You must not commit adultery. But I say this to you: if a man looks at a woman lustfully, he has already committed adultery with her in his heart. If your right eye should cause you to sin, tear it out and throw it away; for it will do you less harm to lose one part of you than to have your whole body thrown into hell.

And if your right hand should cause you to sin, cut it off and throw it away; for it will do you less harm to lose one part of you than to have your whole body go to hell.

'It has also been said: Anyone who divorces his wife must give her a writ of dismissal. But I say this to you: everyone who divorces his wife, except for the case of fornication, makes her an adulteress; and anyone who marries a divorced woman commits adultery.
'Again, you have learnt how it was said to our ancestors: You must not break your oath, but must fulfil your oaths to the Lord. But I say this to you: do not swear at all, either by heaven, since that is God's throne; or by the earth, since that is his footstool; or by Jerusalem, since that is the city of the great king. Do not swear by your own head either, since you cannot turn a single hair white or black. All you need say is "Yes" if you mean yes, "No" if you mean no; anything more than this comes from the evil one.'

The Gospel of the Lord

Communion Antiphon Cf. Ps 77:29-30
They ate and had their fill,
and what they craved the Lord gave them;
they were not disappointed in what they craved.

REFLECTION by Dianne Bergant CSA

Jesus continues to instruct the disciples in the mysteries of the kingdom of heaven. The readings for today focus our attention on the nature of true wisdom. It is this true wisdom which prompts us to choose the right course of action. It is true wisdom that directs us in our interpretation of the law.

The longer we live, the more we realise that life experiences open up for us a series of choices. With these choices we chart the path that we will take.

Circumstances might be thrust on us, but we can still make choices about how we will deal with them. Obedient people do what they are told; wise people choose what good they will do. True wisdom calls us to choose life and whatever enhances life. If we are truly wise, we will come to realise that what was acceptable and life-enhancing in one situation may not be appropriate in another. Life is fluid, and our thinking and acting must be flexible enough to adapt when necessary.

True wisdom, which comes to us through the Spirit, will enrich us with insight into life in ways we never thought possible. We will realise where and how we fit into the vast and interrelated ecosystems of the universe, and we will be overawed with the majesty and intricacy of its workings. We will understand once and for all that the value of anything is determined by its capacity to enrich life, and we will commit ourselves to and cherish every manifestation of that life.

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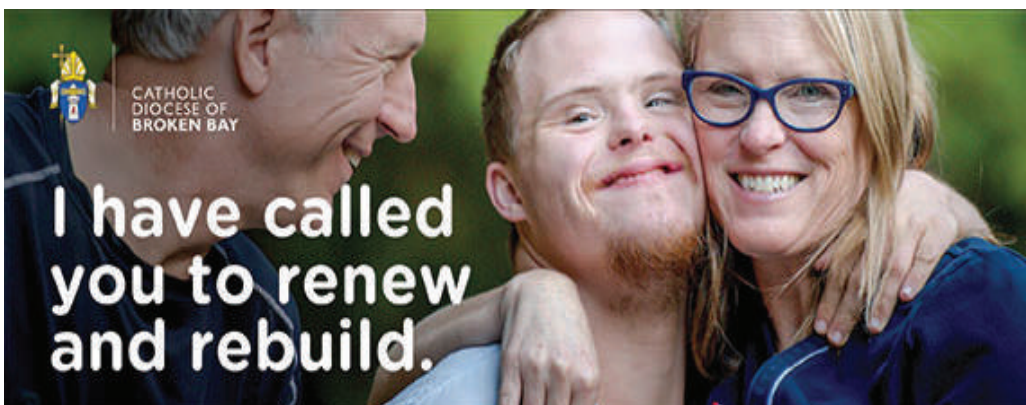
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